

Arts

The Actors Gymnasium

The Actors Gymnasium and Performing Arts School offers classes in everything from gymnastics to stage combat. And, of course, circus arts: trapeze, juggling, tight wire, and more! All classes are taught by professional performers with highly-developed skills.

The new session starts the week of January 28. Since this issue is mailed in mid-February, please call to inquire about late registration and prorated fees. The following classes meet at the Noyes Cultural Arts Center, 927 Noyes St. To register or receive information on other classes, please call 847/328-2795 or visit our Web site at www.actorsgymnasium.com.

TUMBLE YOGA

Students will gain strength, creativity, flexibility and balance in this class that combines tumbling, storytelling, and yoga poses, adapted for little bodies.

Instructors: Sarah Goeden
Age Level: 3-5 years
Fee: \$110 Length: 9 weeks

Day	Time
Th	11-11:40am

PARENT-TOT GYMNASTICS AND PARENT-TOT CIRCUS

Both classes emphasize the creative connection between parent and toddler. Learn basic skills in a safe and imaginative environment that benefits parent and child alike.

Instructors: Mandi Michalski and Sarah Goeden
Age Level: 2-3 years and parents
Fee: \$110 Length: 9 weeks

Days	Time	Class
Th	9:30-10:10am	Parent-Tot Circus
F	10:50-11:30am	Parent-Tot Gymnastics

IMAGINASTICS

Chicago Magazine's "Best Kids Acting Class of 2003!" Imaginastics focuses on gymnastics and tumbling, and using those skills, explores theatrical expression.

Instructors: Mandi Michalski and Jessie Fisher
Age Level: Varies (see below)
Fee: \$110-\$140 Length: 9 weeks

Days	Time	Age
Tu	3:15-3:55pm	4-5 years
Tu	4-5pm	5-7 years
W	3:45-4:45pm	5-7 years
Th	1:30-2:10pm	4-5 years
F	10-10:40am	4-5 years
F	1:15-1:55pm	4-5 years
Th	4-5pm	5-7 years
Sa	11am-Noon	5-7 years

CIRCUS ARTS

Popular circus skills – aerial and ground – taught by leading professionals in the field. Trapeze, unicycling, juggling, tightwire, stilts and more!

Instructors: Sylvia Hernandez-DiStasi
Age Level: Varies (see below)
Fee: \$140-\$205 Length: 9 weeks

Days	Time	Age
M	4-5pm	8-9 years
M	5-6pm	10-11 years
W	4:45-5:45pm	11-15 years
W	6-7:30pm	Adult

ACRO-DANCE

This class explores physical expression using a combination of dance and gymnastics.

Instructors: Jessie Fisher and Sarah Goeden
Age Level: Varies (see below)
Fee: \$110 Length: 9 weeks

Days	Time	Age
Th	10:15-10:55am	3-4 years
Sa	10-10:40am	3½-5 years

JUGGLING

Learn at your own pace, moving from the basics of three balls to more complex patterns and numbers. Techniques include balls, clubs, rings, diablo, devil sticks, hats and partner juggling.

Instructors: Nate Drackett
Age Level: 9 years through adult
Fee: \$140 Length: 9 weeks

Day	Time
Th	6-7pm

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The Actors Gymnasium

The Actors Gymnasium and Performing Arts School offers classes in everything from gymnastics to stage combat. And, of course, circus arts: trapeze, juggling, tight wire, and more! All classes are taught by professional performers with highly-developed skills.

The new session starts the week of Nov. 10. Please call to inquire about late registration after the first week of November. There will be no classes Nov. 27-28, Dec. 22-Jan. 4, or Jan. 19. The following classes meet at the Noyes Cultural Arts Center, 927 Noyes St. To register or receive information on other classes, please call 847/328-2795, visit our office in Room 104 of the Noyes Cultural Arts Center, or visit our website at www.actorsgymnasium.com.



The Actors Gymnasium

New! BALLROOM DANCE

Stay active while learning a fun social activity! Dances taught include waltz, foxtrot, tango, swing, cha-cha and more. Sign up with a partner or learn on your own.

Instructor: Caitlin McCown

Age Level: Adult

Fee: \$210 Length: 9 weeks

Day	Time
Tu	6-7:30pm

PARENT-TOT GYMNASTICS

AND PARENT-TOT CIRCUS

Both classes emphasize the creative connection between parent and toddler. Learn basic skills in a safe and imaginative environment that benefits parent and child alike.

Instructors: Mandi Michalski and Sarah Goeden

Age Level: 2-3 yrs. and parents

Fee: \$130 Length: 9 weeks

Days	Time	Class
Th	9:30-10:10am	Parent-Tot Circus
F	10:50-11:30am	Parent-Tot Gymnastics

New! CIRCUS FITNESS

Develop core strength and flexibility in this unique and fun fitness class. Trapeze, Spanish web and silks are among the circus apparatus used to give students an amazing workout.

Instructor: Sylvia Hernandez-DiStasi

Age Level: Adult

Fee: \$140 Length: 9 weeks

Day	Time
F	9:45-10:45am

ACRO-DANCE

This class explores physical expression using a combination of dance and gymnastics.

Instructors: Jessie Fisher and Sarah Goeden

Age Level: Varies (see below)

Fee: \$130 Length: 9 weeks

Days	Time	Age
Th	10:15-10:55am	3-4 yrs.
Sa	10-10:40am	3½-5 yrs.

IMAGINASTICS

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Age Level: Varies (see below)

Fee: \$130 Length: 9 weeks

Days	Time	Age
Tu	3:15-3:55pm	4-5 yrs.
Tu	4-5pm	5-7 yrs.
W	3:45-4:45pm	5-7 yrs.
Th	1:30-2:10pm	4-5 yrs.
F	1:15-1:55pm	4-5 yrs.
Sa	11am-Noon	5-7 yrs.

CIRCUS AND AERIAL ARTS

Popular circus skills – aerial and ground – taught by leading professionals in the field. Trapeze, unicycling, juggling, tight wire, stilts and more!

Instructor: Sylvia Hernandez-DiStasi

Age Level: Varies (see below)

Fee: \$140-\$210 Length: 9 weeks

Days	Time	Age	Class
M	4-5pm	8-9 yrs.	Circus Arts
M	5-6pm	10-11 yrs.	Circus Arts
M	7:30-8:30pm	Adult	Aerial Arts
W	4:45-5:45pm	11-15 yrs.	Circus Arts
W	6-7:30pm	Adult	Circus Arts
Th	7-8pm	Adult	Aerial Arts
F	2-3pm	Adult	Aerial Arts



Your tax-deductible gift or donation to the Evanston Parks Foundation, Friends of the Arts or other 501(c)(3) can celebrate a special day, such as a birth, anniversary or graduation — the possibilities are almost limitless!

Donation catalogs with examples of goods or services that individuals or groups can donate in order to improve Evanston's infrastructure or programs are available at the Civic Center, Noyes Cultural Arts Center and at all community centers.

NOMINATIONS SOUGHT FOR THE MAYOR'S AWARD FOR THE ARTS

Every year one individual and one arts organization from Evanston are recognized for their contribution to the community through demonstration of excellence in the arts. **Consider nominating an individual or organization!** Guidelines can be found on the City of Evanston's Web site at www.cityofevanston.org/arts. Awards will be presented at the Annual State of the City Address and Mayor's Award for the Arts Luncheon, scheduled to be held in early 2009.